

European Trend Study 2025: Almost every second caregiver is thinking about quitting

- **Alarming finding:** Every second caregiver is considering leaving the profession due to overload – while the demand for care is steadily increasing.
- **Despite high motivation:** Employees are urgently calling for better working conditions and less bureaucracy.
- **More than 70 percent** see artificial intelligence as an opportunity to ease their daily workload.

Essen, September 10, 2025 – The care and social sector in Europe is at a decisive turning point. This is highlighted by the new *Care & Social Trend Study 2025*, commissioned by the myneva Group and conducted by the opinion research institute Civey. A total of 2,505 professionals from seven European countries were surveyed. The results are clear: while motivation and commitment among employees remain high, the strain is increasing – and without profound reforms, the staffing situation is at risk of worsening further.

Key Findings at a Glance

- **High willingness to leave:** Almost every second professional (49.3 percent) is considering leaving the profession – the main reasons being stress, inadequate pay, and lack of appreciation.
- **Strong intrinsic motivation remains:** Over 60 percent cite direct contact with people as the main reason for their work, and more than half want to make an active contribution to society.
- **Digitalization still in its infancy:** Only 18.6 percent are already working in a fully digital, mobile environment.
- **Openness to artificial intelligence:** More than 70 percent view the use of AI as meaningful support in routine tasks.

European Dimension

The results reveal a consistent pattern across national borders: overload and staff shortages are felt everywhere. Differences lie mainly in the pace of digitalization and in the willingness to adopt new technologies. In some countries, digital solutions are already more established, while others are just at the beginning. The European comparison makes it clear: the challenges are similar – and the solutions must be thought of on a European scale.

A Call to Politics and Society

“The study shows that care and social professions in Europe urgently need structural change. Employees are calling for fair pay, less bureaucracy, and more time for people.

“Policymakers, providers, and organizations must act together now to sustainably improve working conditions,” says Dieter Weisshaar, CEO of the myneva Group.

Digitalization as a Lever for Relief

Digital tools and AI-supported applications are not seen by caregivers as a threat, but as an opportunity. They can simplify documentation, reduce administrative burdens, and give employees more time for their core task – the direct care of people. However, this requires that the solutions are practical and rolled out on a broad scale.

A Clear Wake-up Call

The trend study is a strong appeal to decision-makers in politics and society: without determined reforms, more and more professionals will leave the field, jeopardizing the security of care provision – at a time when demand is rising steeply. The care and social sector now requires joint efforts – across national borders.

The full *Care & Social Trend Study 2025*, including all results, is available for free download here: <https://www.myneva.eu/en/resources/trend-study-care-2025>

About the myneva Group

The myneva Group is one of the leading European software providers in the social sector, with a clear focus on digitalization and innovation. Headquartered in Essen and with more than 400 employees across 18 locations, myneva serves a broad customer base of over 6,300 institutions and 1.7 million clients in eight European countries.

Guided by strong values such as trust, appreciation, and responsibility, myneva covers all areas of the social sector – from elderly care and integration assistance to child and youth welfare as well as social assistance. This reflects the company’s commitment to improving care and opening new perspectives in the social sector through user-friendly software solutions and close collaboration with its stakeholders.

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